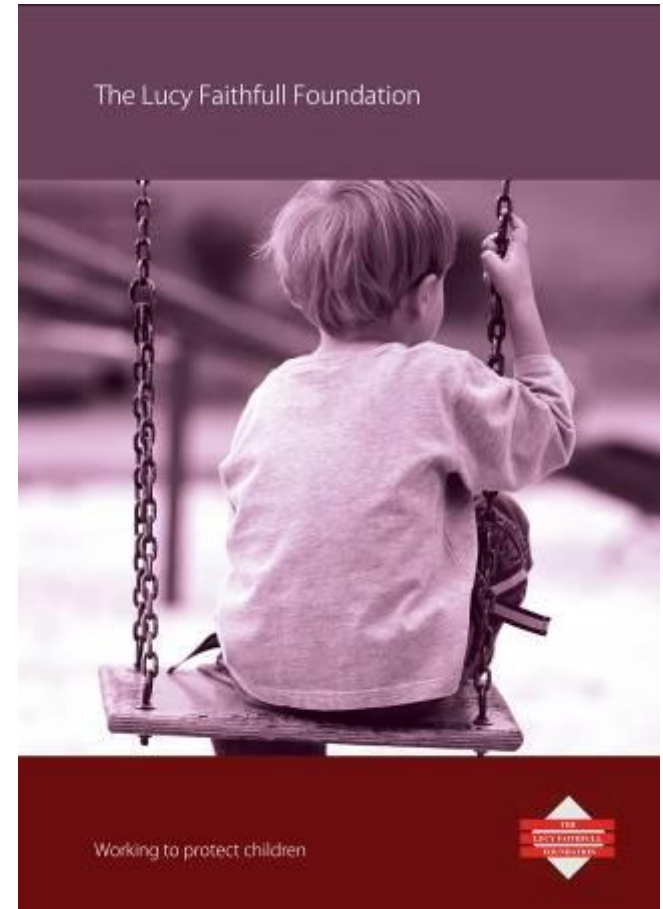




Working to Protect Children

Preventing Child Sexual Abuse in the UK

Donald Findlater
Director of Research and Development



The only UK-wide charity dedicated solely to tackling child sexual abuse



The only UK-wide Helpline and Campaign
dedicated solely to tackling
child sexual abuse

Preventing Child Sexual Abuse by

- known offenders
- unknown offenders
- those at risk of offending



Working to Protect Children

What do you want them to do?

What do they need to know?



Some things to consider (UK)

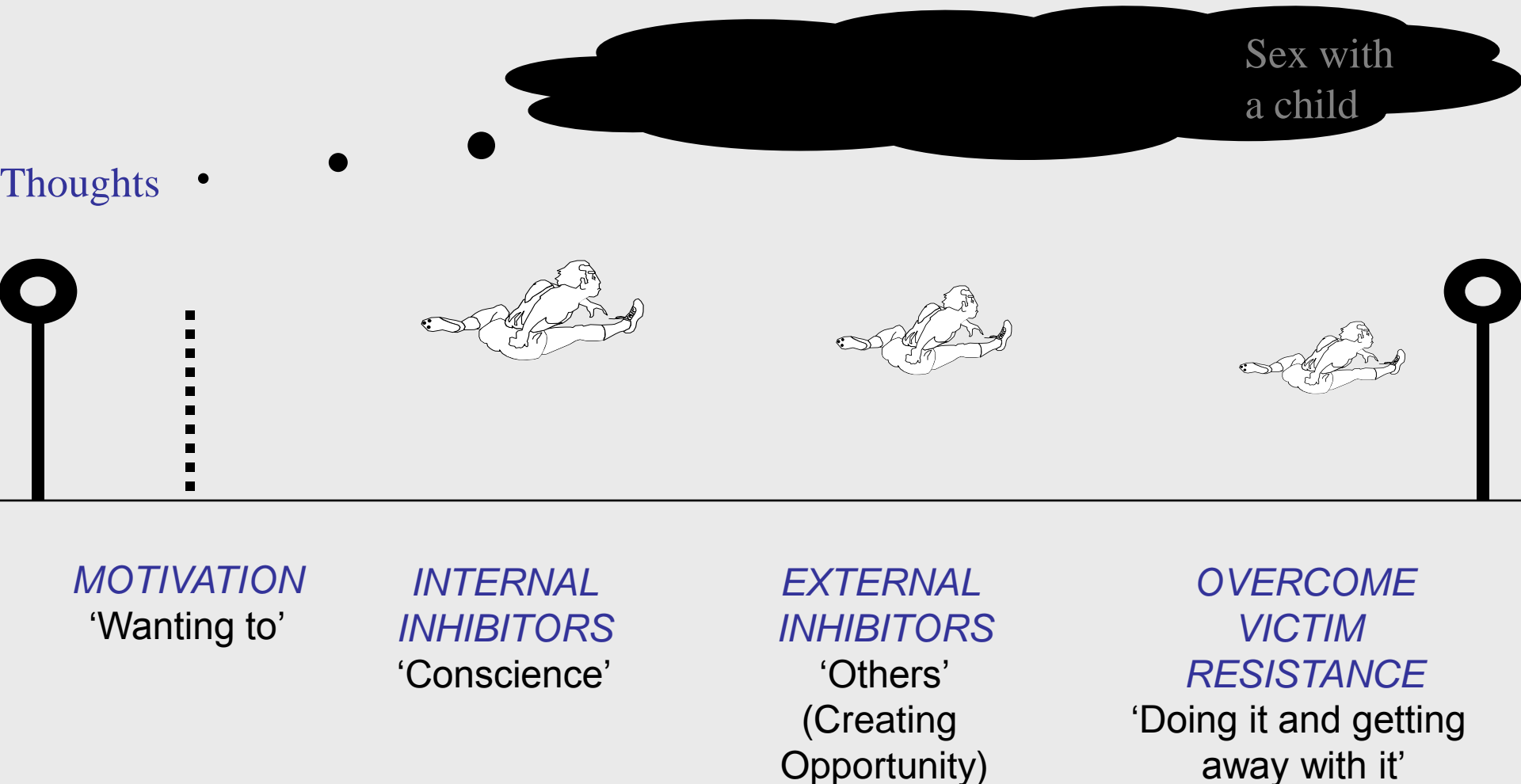
- Some 1 in 6 children have been sexually abused by age 18
- 8/9 out of 10 children know their abusers
- The vast majority of abuse is not reported to the Police

Ref: Radford 2011; Cawson 2000; Grubin 1998

How does it happen?

Four pre-conditions to child sexual abuse

Adapted from: D Finkelhor Child Sexual Abuse: New Theory & Research 1984



**A Comprehensive Framework
for the
Prevention of Child Sexual Abuse**

Prevention Targets

	Primary prevention (Before abuse)	Secondary prevention (Before abuse)	Tertiary prevention (After abuse)
Offenders (Potential)			
Victims (Children)			
Families/ Communities			
Situations			

Where on the framework?

Treatment programmes for convicted sex offenders

Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
Offenders (Potential)			
Victims (Children)			
Families/ Communities			
Situations			

Where on the framework?

Awareness-raising prevention education programmes for all parents and carers

Parents Protect!

Together we can prevent child sexual abuse

For confidential information and advice contact the Stop it Now! helpline on

0808 1000 900



- Home
- Learn
- Get Help
- Take Action
- Resources
- Useful Links
- About Us



LEARNING PROGRAMME

Quick Navigation

- What is child sexual abuse?
- Quick Facts
- Warning signs - What to look for in children and adults
- Creating a family safety plan
- Police disclosure scheme
- What to do if a child tells about abuse
- Get Help
- Child sexual abuse survivor services
- FAQ

Everyone has a part to play in preventing child sexual abuse



Welcome

...to Parents Protect, your online information and resources website. Here, we aim to raise your awareness about child sexual abuse, answer any questions you may have and give you the information you need to help to protect children.

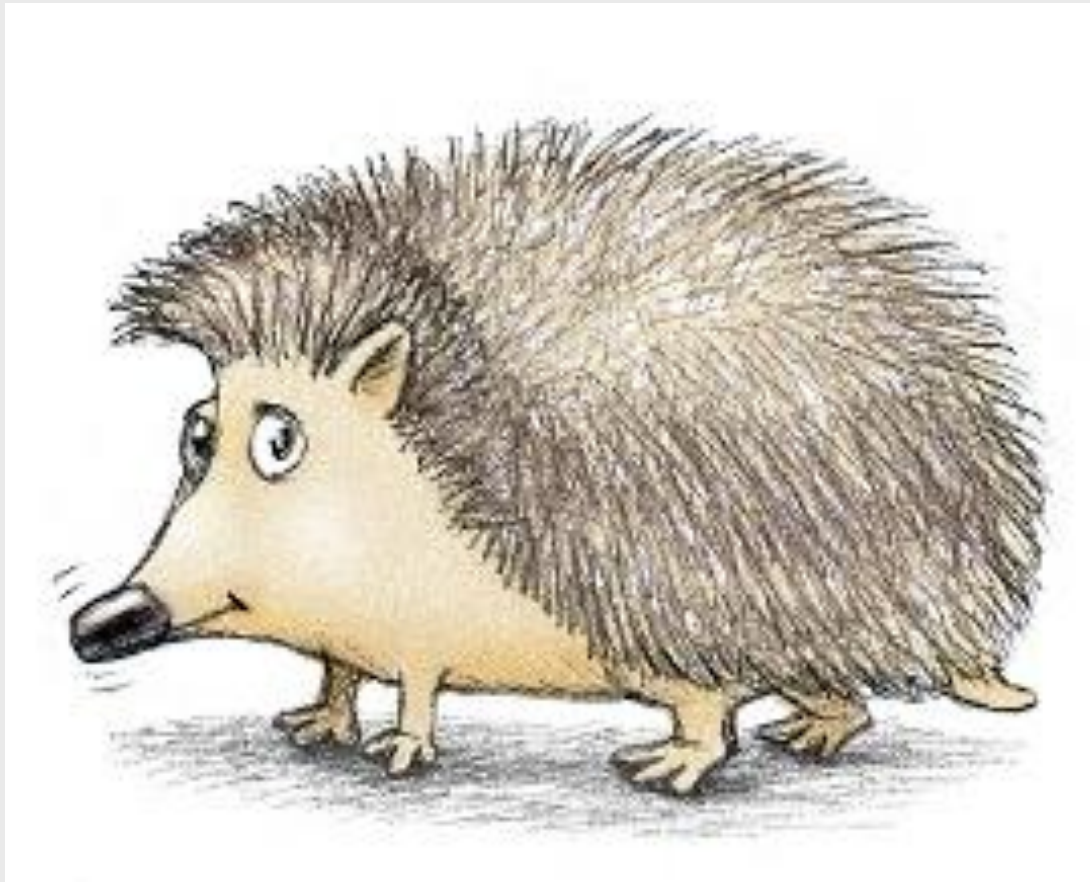
Our Aim...

Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
Offenders (Potential)			
Victims (Children)			
Families/ Communities			
Situations			

Where on the framework?

Primary school programme of personal safety and sex education for all 10 year olds



Working to Protect Children

Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
Offenders (Potential)			
Victims (Children)			
Families/ Communities			
Situations			

Where on the framework?

Internet safety and responsibility lessons for a year group in a school where sexting has been identified as a problem

Prevention Targets

	Primary prevention	Secondary prevention	Tertiary prevention
Offenders (Potential)			
Victims (Children)			
Families/ Communities			
Situations			

Lucy Faithfull Foundation Prevention Activities

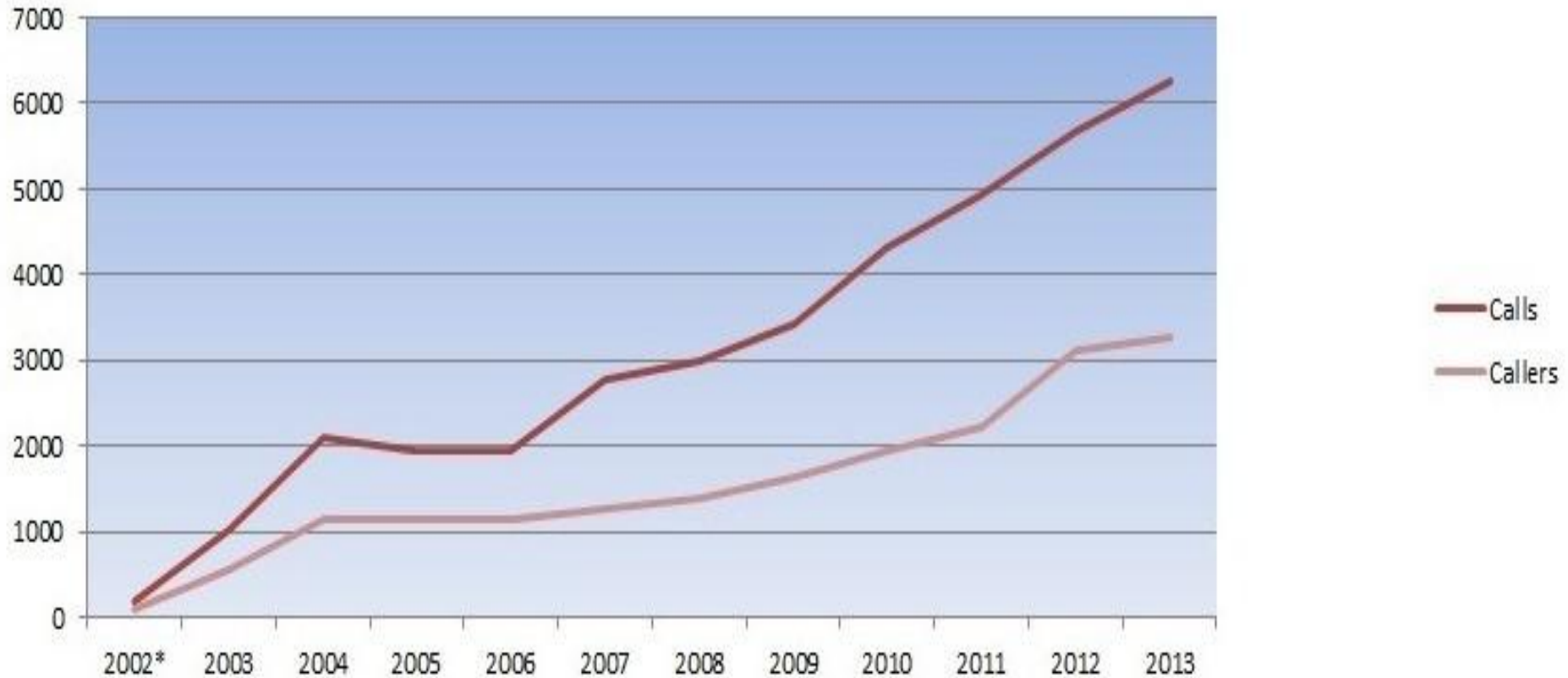
	Primary prevention	Secondary prevention	Tertiary prevention
Abusers or potential abusers	<ul style="list-style-type: none"> • Hedgehogs 	<ul style="list-style-type: none"> • Stop it Now! Helpline • Stop! Scotland Prison Project 	<ul style="list-style-type: none"> • Stop! Helpline • Sex Offender Treatment (inc YOI) • Circles of Support and Accountability • Inform + • Securus Monitoring • CROGA
Children and Young People	<ul style="list-style-type: none"> • Internet Safety Classes • Hedgehogs 	<ul style="list-style-type: none"> • Internet Safety classes for at risk groups • Inform YP 	<ul style="list-style-type: none"> • Therapeutic work (Family Courts/Social Services)
Communities/ Families	<ul style="list-style-type: none"> • Parents Protect • Internet Safety Seminars (Prim'y) • Stop it Now! Materials • BAMER (Somali, Pakistani, Jewish communities) 	<ul style="list-style-type: none"> • Parents Protect + • Stop it Now! Helpline • Inform YP • Internet Safety seminars (Secondary) 	<ul style="list-style-type: none"> • Inform • Stop it Now! Helpline • Family Court Assessment/Int

Stop It Now! UK & Ireland Helpline

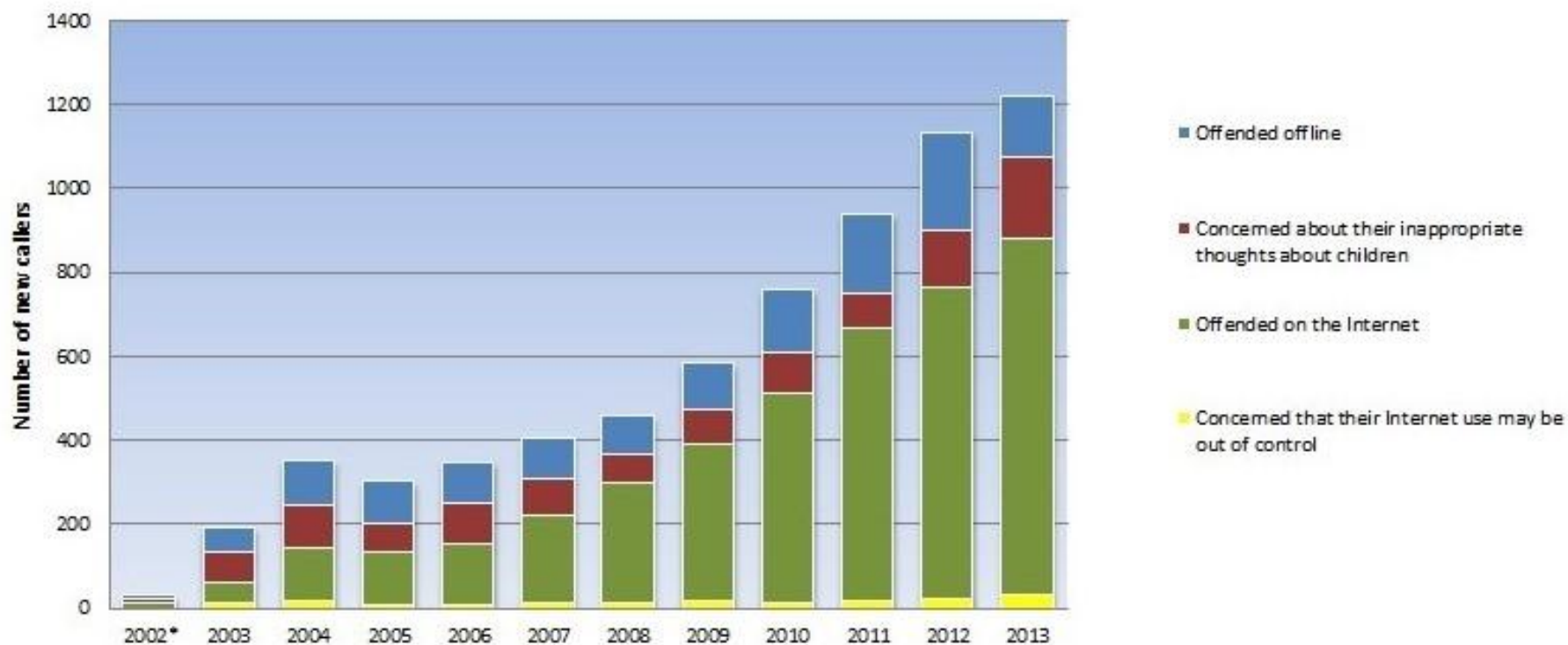
Principal Target Groups:-

- **Adult abusers and potential abusers:** to encourage them to recognise their thoughts or behaviour as harmful and seek help to change.
- **Family and friends (of above):** to encourage them to recognise the signs of abusive or harmful sexual behaviour in those close to them and to seek advice about what action to take.
- **Parents and carers of young people with worrying sexual behaviour:** to encourage them to recognise signs of harmful or abusive behaviour in their children and seek advice about what to do.

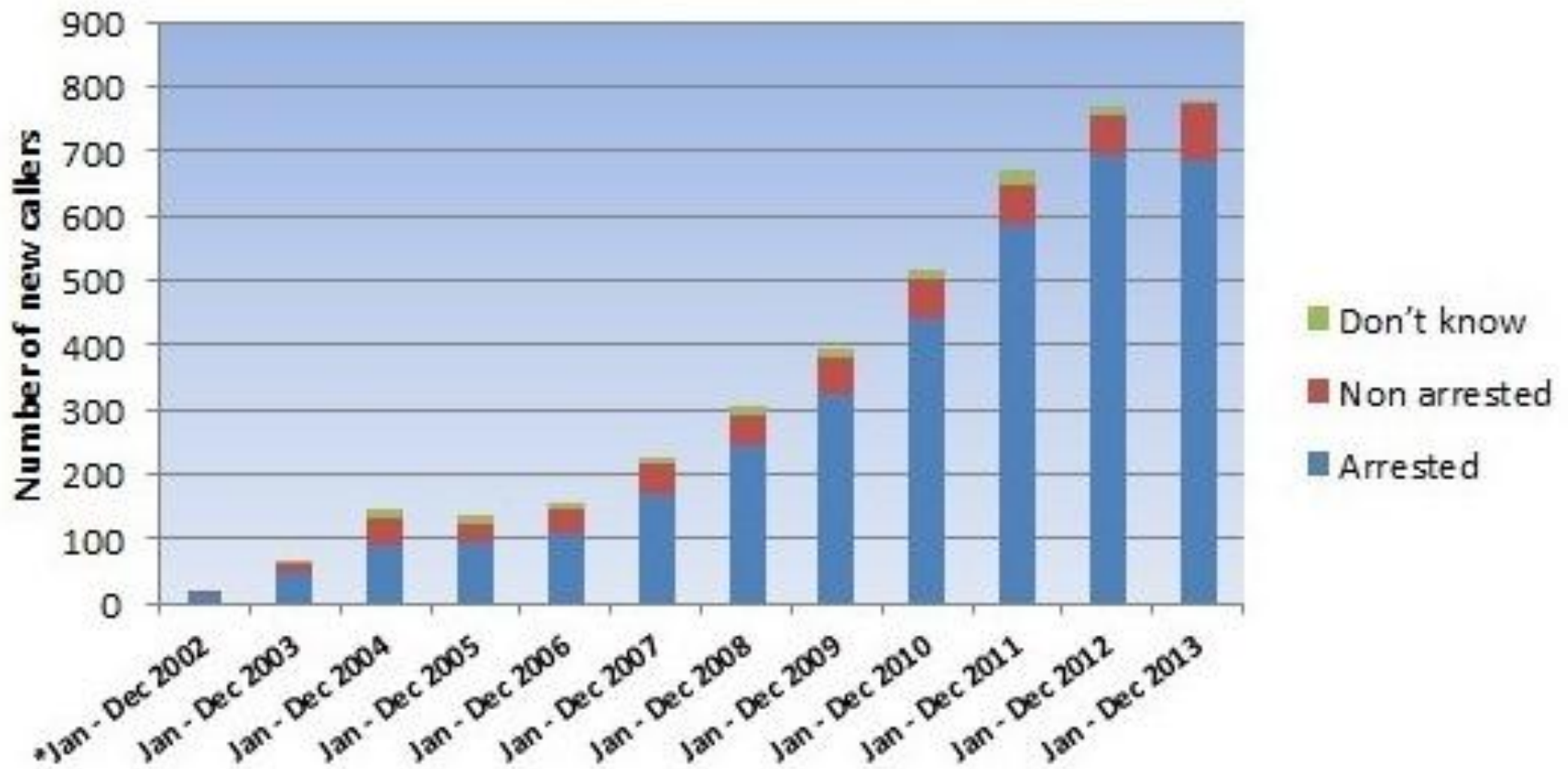
All calls and callers to Helpline



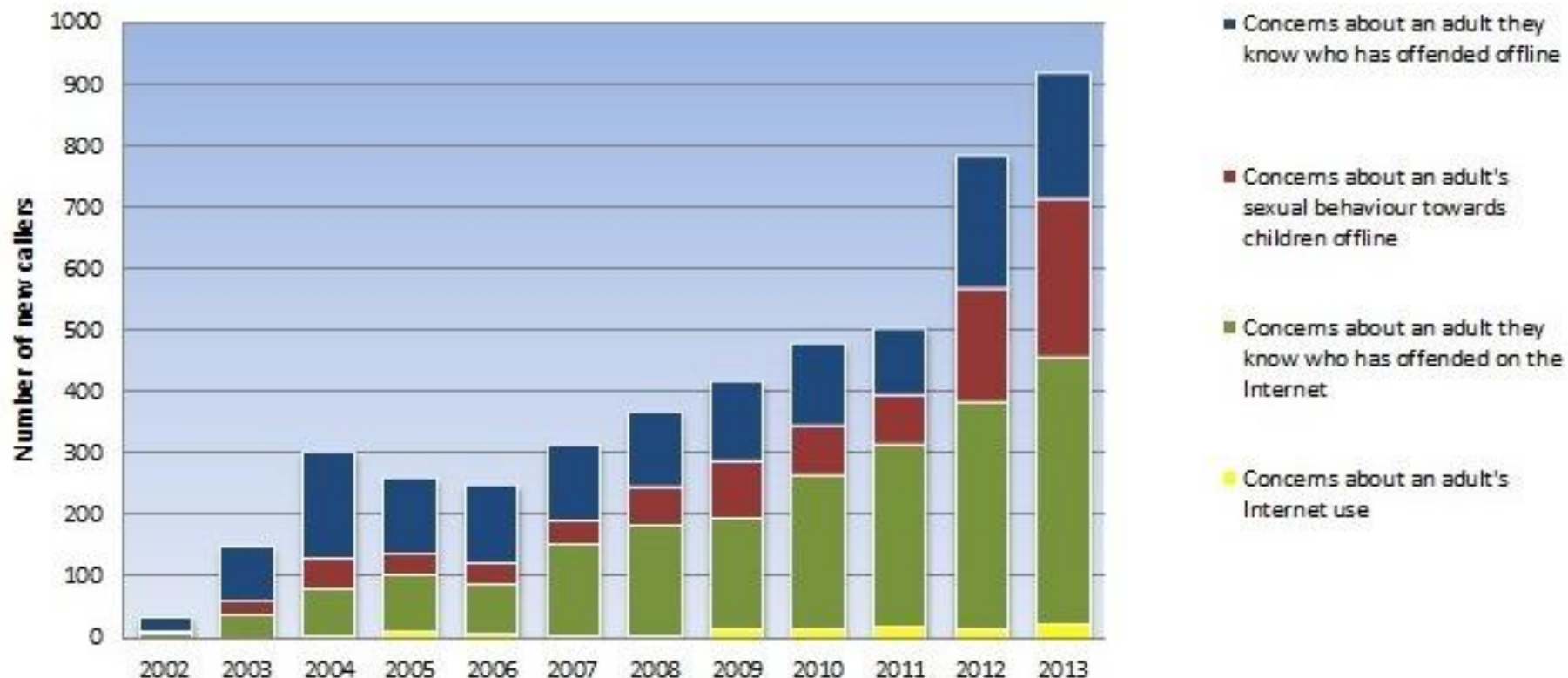
Calls from adults concerned about their own behaviour



Calls from internet offenders (and potential offenders arrested and non-arrested)



Calls from adults concerned about another adult



~~Effects of~~ the helpline



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Social Research

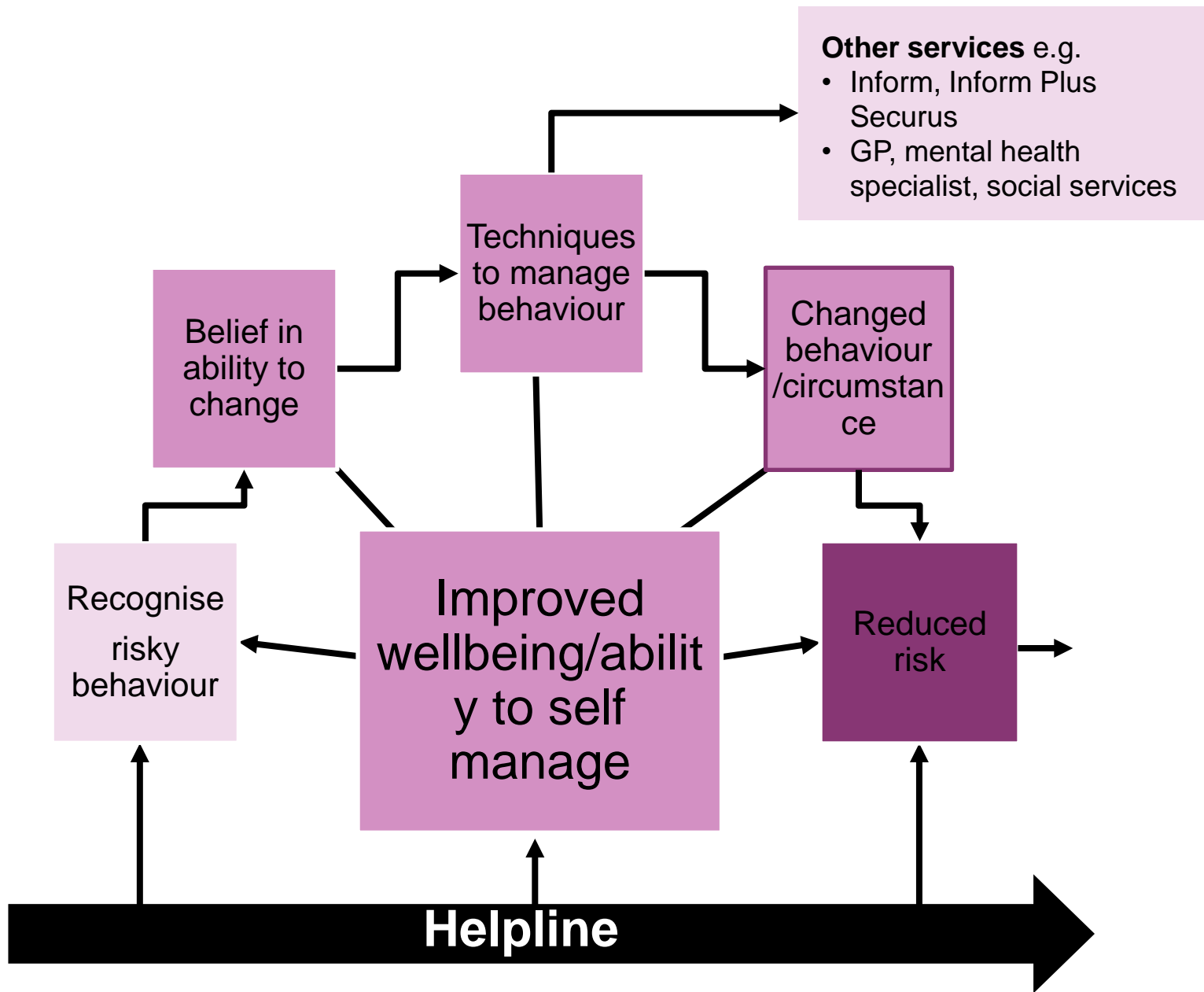
Theoretical framework

- Recognised protective factors

Protective factors that may support desistance from sexual offending
(de Vries Robbe et al, 2013).

Healthy sexual interests	Constructive social and professional support network	Good problem solving	Abstention from drug/alcohol misuse
Capacity for emotional intimacy and satisfying relationships with other adults	Capacity to set goals and work towards their achievement	Engagement in constructive and rewarding employment or other activities	Hopeful, optimistic, and motivated attitude to desistance





Other services e.g.

- Inform, Inform Plus Securus
- GP, mental health specialist, social services

Belief in ability to change

Techniques to manage behaviour

Changed behaviour /circumstance

Recognise risky behaviour

Improved wellbeing/ability to self manage

Reduced risk

Helpline

Recognise risk

I'd convinced myself that...the pictures...I'd looked at, there was no victim



Belief in change

*There is, there is
someone to talk to, to
say, 'Right, you know?
There are steps you
need to do to address
these demons' - you
know?*



Techniques to manage behaviour

I'm not saying I'm ever going to be cured, but the strategies are in place to stop me reoffending now.



Changed behaviour

Of the 32 people who answered this part of the questionnaire, two thirds reported 'they felt more able to manage their sexual thoughts' and 'more able to manage their sexual behaviour' since using Stop!

- No access to pornography
- Reduce time online
- Displacement activity – gym, reading



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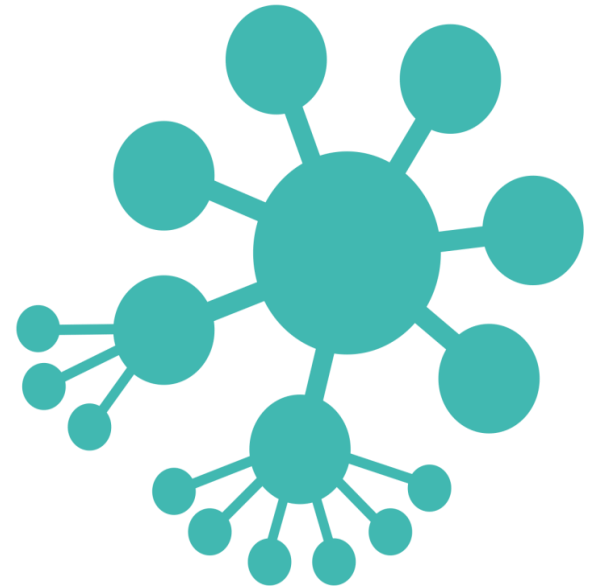


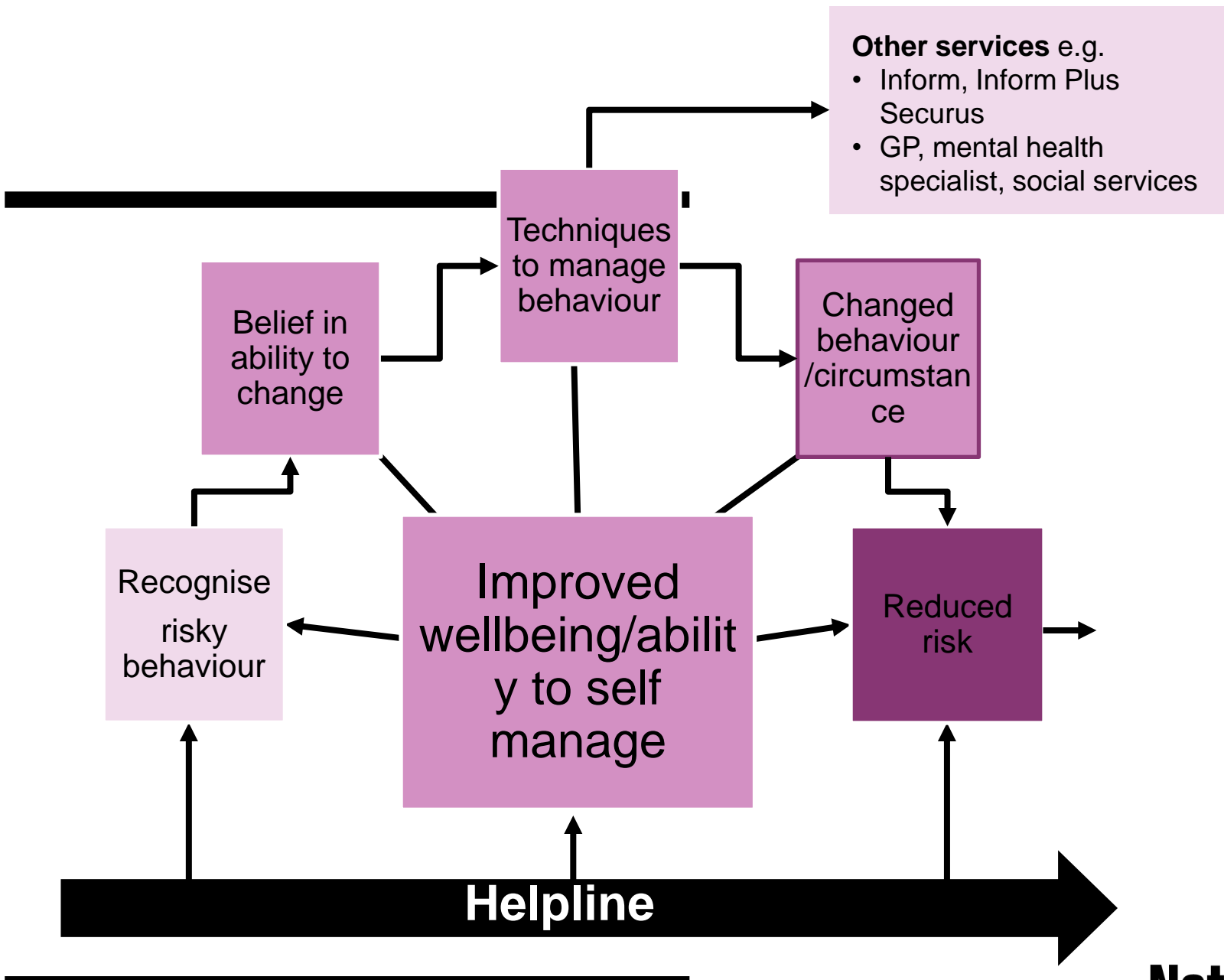
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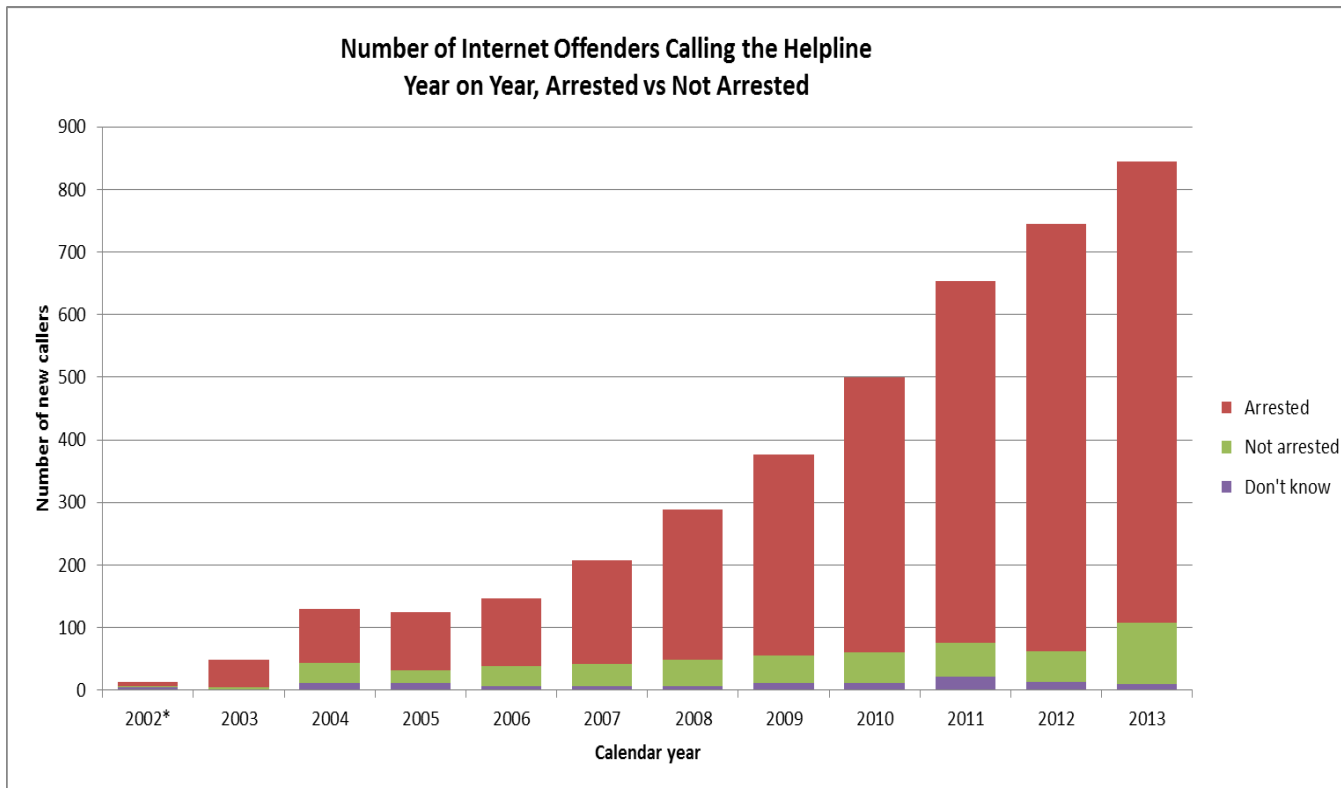
Strengthen other protective factors

- Social networks
- Relationships
- Meaningful activity





Profile of users who have offended online UK



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Enabling helpline use: capacity UK

Year	Month	Number of answered calls	Number of missed calls
2013			
	April	490	810
	May	516	1,613
	June	465	1,983
	July	538	2,136
	August	515	2,576
	September	551	2,588
	October	564	2,811
	November	574	2,790
	December	456	2,476
2014			
	January	545	2,102
	February	520	1,544
	March	488	2,963



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Other resources: Toolkit

- A toolkit to assist people across Europe to develop helplines which suit their specific national or local context has been developed from the research.
- The toolkit does not set out a single model of operation, but outlines key points to consider in developing a suitable helpline for a particular nation, area or user group.
- Can be downloaded from www.stopitnow-evaluation.co.uk



Toolkit content:

Step 1: Mapping the context

Step 2: Defining the aims and objectives

Step 3: Identifying the most suitable design

Step 4: Structuring the delivery

Step 5: Promoting the helpline

Step 6: Resourcing the helpline

Step 7: Monitoring and evaluating the helpline



Stop it Now! Evaluation
EUROPE
Preventing Child Sexual Abuse

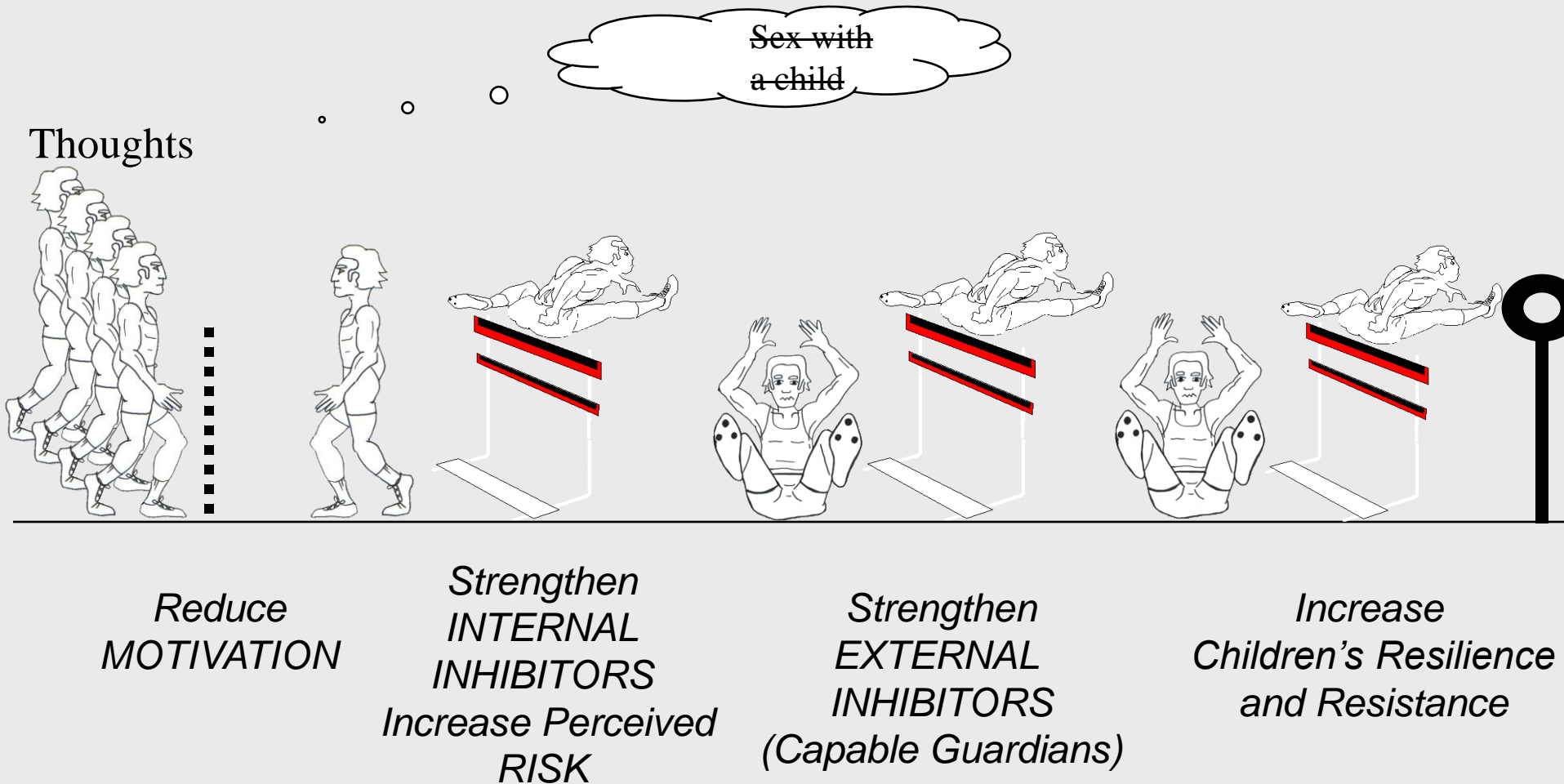


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'Steps towards prevention'

Adapted by Donald Findlater from D Finkelhor *Child Sexual Abuse: New Theory & Research 1984*





Eradicating Child Sexual Abuse (ECSA)

The Lucy Faithfull Foundation is currently running a major project to identify effective ways to prevent and respond to child sexual abuse from around the world with the aim of helping nations implement effective strategies to reduce the impact of sexual harm.

Child sexual abuse is estimated to impact between one in four and one in ten children worldwide. Across the globe, recognising and responding to such abuse. The *'Eradicating Child Sexual Abuse'* (ECSA) project involves developing and testing a toolkit to tackle child sexual abuse to develop a considered and credible strategy for its prevention.

What this project involves

The ECSA project will draw on the expertise of practitioners, academics and frontline workers responding to child sexual abuse to develop a toolkit for people of all nations to use when looking to address child sexual abuse. We will run an online forum, coordinated by the project, with a view to:

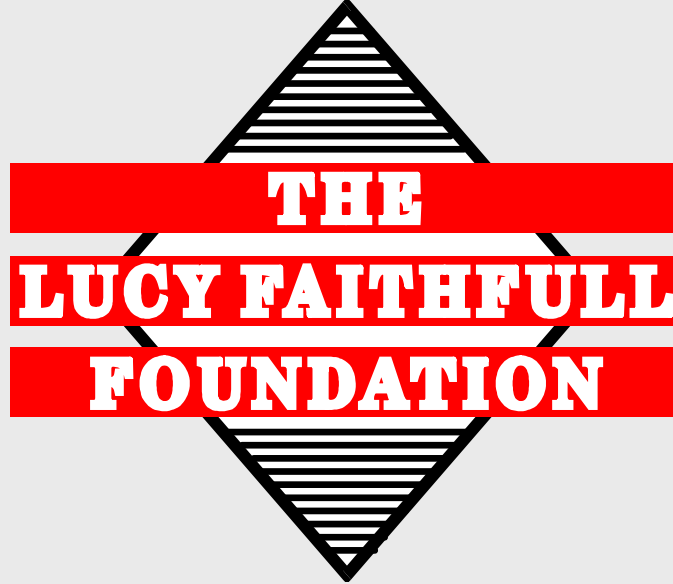
- Creating a comprehensive list of different 'types' of child sexual abuse, with definitions
- Creating a representative list of brief, accessible summaries of effective or promising primary, secondary and tertiary prevention responses to child sexual abuse
- Creating and trialling a step-by-step process for the design of a comprehensive strategy for the prevention of child sexual abuse in a nation/area/region
- Disseminating the prevention toolkit to organisations across the globe.

Across all our activities we will be using the 'Child Sexual Abuse Prevention Framework' developed by Prof Stephen Brown, supported by [Oak Foundation](#).

View the responses to child sexual abuse using our online presentation and toolkit

We have ambitious targets of collecting over 200 examples of accessible summaries of effective or promising primary, secondary and tertiary prevention responses to child sexual abuse.

**Child sexual abuse –
preventable, not inevitable!**



Thank you!

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